

JFHC *Live*



**FREE
to attend**

**Taking a holistic approach
to wellbeing and resilience in
children and young people**

**ILEC Conference Centre,
IBIS, London Earls Court,
25 March 2014**

Visitor Information



About JFHC Live

Join us at the leading annual event for healthcare professionals working with families. This event is FREE to attend and this year we've packed in even more great speakers to ensure you have a worthwhile and interesting day. You can also visit our lively exhibition, meet new people and try new products.

This year we have broken the seminar programme down into four streams which are:

1. Foundation stones for mental health and resilience
2. Physical wellbeing through healthy food and exercise
3. Managing medical conditions
4. Safeguarding our children.

Throughout the day you can attend different seminars, ask questions and learn about current practice and hear from the most respected speakers in your field. Plus make sure you are up-to-date with changes and challenges in family healthcare. This event also counts towards your CPD.

Who should attend

This event is completely tailored to health professionals who work with families. It is a "must attend" event for health visitors, midwives, community nurses, school nurses, public health professionals and dietitians. Those working in charities for families and children as employees or volunteers will also find the event useful.

Benefits of attending

At JFHC Live you can:

- Meet and network with peers
- Attend seminars on four different themes, so whatever your interest there is something for you
- Meet exhibitors and find out about new products and services
- Ensure your CPD is up-to-date

www.jfhclive.com

Seminar Programme

Room 1

0930-1000 KEYNOTE ADDRESS

Eustace de Sousa, Deputy Director, Public Health England

Room 1

FOUNDATION STONES FOR MENTAL HEALTH AND RESILIENCE

1000-1100 Peri-natal and parental mental health – the impact of parents' mental health on infants and children

Understanding severe post-natal depression – a mother's viewpoint

Elaine Hanzak, Author and Expert by Experience

Room 2

PHYSICAL WELLBEING THROUGH HEALTHY FOOD AND EXERCISE

1030-1130 Pre-natal and maternal health, diet and obesity

Communication of health behaviour change information with pregnant women

Hora Soltani, Professor of Maternal and Infant Health, Centre for Health and Social Care Research, Sheffield Hallam University

Setting up a maternal weight management programme – a practical approach

Melissa Little, Co-founder and Dietician, Foodtalk

Room 3

MANAGING MEDICAL CONDITIONS

1000-1100 Dermatology round-up

Common childhood skin conditions from 0-12 years

An overview of newborn skin conditions, skin infections/infestations and acne

Julie Van Onselen, JVO Consultancy

Room 4

SAFEGUARDING OUR CHILDREN

Chair: **Sharon White**, Professional Officer, School and Public Health Nurses' Association (SAPHNA)

1030-1130 Combating Child Sexual Exploitation/Violence/Trafficking

Sheila Taylor MBE, Chief Executive, National Working Group for Sexually Exploited Children and Young People

1130-1230 Identifying and responding to neglect – physical and emotional – overcoming cultural sensitivities and putting the child first

Identifying and responding to chronic neglect

Jan Horwath, Professor of Child Welfare, Department of Sociological Studies, University of Sheffield

1100-1200 Building resilience in early years and school age children

Building resilience with disadvantaged children/families; the Resilience Framework

Kim Aumann, Co-Director BoingBoing – Resilience Research and Practice www.boingboing.org.uk

Visiting Fellow School of Nursing and Midwifery University of Brighton

1200-1300 Self-harm and suicide – preventing and minimising damaging behaviour

Working with young people and their families

Understanding the behaviour

Professional response to self-harm and suicidal behaviour

Jude Sellen, Director of wellbeing projects, Lead trainer and youth mental health adviser and Pavilion author

LUNCH

1400-1500 Managing challenging behaviour

ADHD – a holistic approach to managing behaviour – New Forest Parenting Programme

Cathy Laver-Bradbury, Consultant Nurse CAMHS, University of Southampton

1500-1600 Session to be confirmed

Room 1

1130-1230 Introducing an exercise programme for toddlers and school-age children

Infant and Toddler 10 Steps Programme

Judy More, Paediatric Nutritionist and Member of the Infant and Toddler Forum

Primary Change4Life Sports Club programme

- Evidence and case studies to show how the programme is working.

Chris Wright, Head of Health & Wellbeing, Youth Sport Trust

1230-1330 School meals – impact of free school meals for R-Y2 children and academic performance

Evaluation of free school meals pilot

Sarah Kitchen, Senior Research Director, Children and Young People, National Centre for Social Research

How do we know what children are eating is healthy?

Marjon Willers, Specialist Dietician for Schools, Islington Healthy Schools Team, Whittington Health NHS Trust

LUNCH

1430-1515 Food-related allergies – an increasing problem?

Maureen Jenkins, Director of Clinical Services, Allergy UK

1515-1630 Food, Mood and Children's Behaviour

Dr Alex Richardson, University of Oxford and FAB Research

Room 2

1100-1200 The impact of diabetes in a child on the family

Diabetes in a child affects the whole family and it is so important they get the right care and support to manage their diabetes. How Diabetes UK can help with this process.

Libby Dowling, Clinical Advisor, Diabetes UK

1200-1300 Building asthma awareness in nurseries and schools

Deborah Waddell, Clinical Lead, Asthma UK

LUNCH

1400-1500 Child development issues

Auditory Processing Disorder – improving diagnosis in children

Dr Doris-Eva Bamiou, Ear Institute, UCL

Speech and language delay in children

The results of the Early Language Development Programme which runs up until the end of March 2014, supporting communication development in babies and toddlers, especially in disadvantaged areas.

Kate Freeman, Lead Advisor for Children and Families Programmes, I CAN

1500-1600 Protecting children's health through immunisation

Jo Yarwood, Programme Manager for Immunisations, Department of Health

Room 3

"Recognition and Telling: Developing earlier routes to help for children and young" – messages about neglect and the broader findings from the report for the Children's Commissioner

Jeanette Cossar, Course Director, MA in Social Work, Department of Social Work, University of East Anglia

1230-1330 Safeguarding and sexual health

Simon Blake, Director, Brook

Safeguarding the sexual health of children with learning disabilities

Lisa Bradbury, Community Paediatric Nurse and **Sharon Thomson**, Safeguarding head, Children with Complex Needs Team, Milton Keynes Community Health Services

LUNCH

1430-1530 Serious Case Review – what lessons have we learnt from The Daniel Pelka Review

Dr Neil Fraser, Independent chair of the Daniel Pelka serious case review

Embedding the learning from a Serious Case Review – A pilot study

Billi Bartley, Implementation & Development Manager, Services for Children Families Child Protection, Assessment & Review Department, NSPCC and **Dr Simon Tucker**, Tavistock Consulting

1530-1630 Integrated multi-agency working – safeguarding in practice

Marisa de Jager, Consultant and Project Manager for MASH, Early Help and Social Care Management

Room 4

JFHC Live



**FREE
to attend**

**ILEC Conference Centre,
IBIS, London Earls Court,
25 March 2014**

Visitor booking form

Please book me a place at JFHC Live 2014 ☐

Name:

Address:

.....

Job title:

☐ **Midwife** ☐ **Health Visitor** ☐ **School Nurse**

☐ **Dietitian** ☐ **Nutritionist** ☐ **Nursery Nurse**

☐ **Public Health Executive**

☐ **other (please specify)**

Email address:

Please visit our website: **www.jfhclive.com** for more information

Call us on: **01273 434 943** or email: **info@pavpub.com**



Please return this form to: Pavilion Publishing and Media, Customer Services Department,
Rayford House, School Road, Hove, BN3 5HX
or fax back to: 01273 227 308